

DO YOU WANT TO KNOW MORE ABOUT 12-STEP FELLOWSHIPS?

What is NA, CA and AA?

- Narcotics Anonymous
- Cocaine Anonymous
- Alcoholics Anonymous
- How does it work?
- What should I expect?

This is a space to talk through what to expect from your first meeting, what the programme involves, how the steps work, and to help you to gain a better understanding of the fellowships if you are thinking of trying a meeting for the first time.

Please come along!

First Tuesday of every month at the Recovery Hub from 5.30-6.30pm and we will provide tea coffee and biscuits.



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