

A close-up photograph of a person's hand holding a clear plastic bag. Inside the bag are several red plastic syringes. The background is dark and out of focus.

WHAT & WHY?

HARM REDUCTION?

No. 7 in a series of guides to help people understand
what drugs are and why people take them

SECOND EDITION















01 Sterile syringes inside their packaging

Photo: Clear Photo



02 1ml syringe with integral needle

Photo: Clear Photo



03 Pharmacy needle exchange sign – used to denote community pharmacies offering needle exchange

Photo: Clear Photo



04 The Maryland Street Needle Exchange, Liverpool – opened in 1986, this was one of the first needle exchanges in the UK

Photo: Clear Photo (this picture has been posed by staff)



05 Units of measurement on a syringe

Photo: Clear Photo



06 Methadone in a measuring glass

Photo: David Hoffman Photo Library



07 Harm reduction publications

Photo: Clear Photo

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Exchange Supplies is an independent social enterprise producing information and resources to reduce drug-related harm. For more information go to: www.exchangesupplies.org

The What & Why? series covers cannabis, amphetamine, ecstasy, cocaine, heroin, methadone and harm reduction.

All titles in the series are available direct from: **Exchange Supplies**, tel: 01305 262244.

Additional information on LSD, mushrooms, addiction and motivation are available on our website:

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What & Why? is a series of booklets for anyone who wants to understand illicit drug use.

Illustrated with stunning photography, **What & Why?** explains what drugs are (how they are made, sold and used), their effects and why people choose to take them.

Essential reading for anyone confronted with illicit drug use at home or at work.

What & Why? is written mainly for professionals, parents and the relatives and friends of drug users. The booklets may also provide a useful contribution to secondary school discussion about drugs.

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